Vol. 17, No. 11

November 2002

FRONT RANGE | Company | C

302nd Airlift Wing, U.S. Air Force Reserve Command

Peterson Air Force Base, Colo.

Coming home with st



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Tech. Sgt. Jeffrey Flight, C-130 loadmaster, waves the American flag as members of the 302nd Airlift Wing arrive home Oct. 2. The wing demobilized and its members were greeted by family and friends at a welcome home celebration.



UTA Schedule Next UTA: Dec. 7-8

January 11-12 February 8-9 March 8-9

The next UTA schedule is printed in more detail on page 14. The Front Range Flyer is mailed each month to all 302nd Airlift Wing members on file with Personnel Systems. If you are not receiving your magazine, check with your orderly room or administration section to ensure your address is correct.

Air Force Reserve Commander: "Let's count our blessings"

By Lt. Gen. James E. Sherrard III

Commander of Air Force Reserve Command

WASHINGTON – As we celebrate the holiday season and the start of 2003, let's take a moment to count the many blessings we enjoy.

We are blessed to live in a country where we are allowed to speak and write freely, where we can vote for the candidates of our choice and where we can worship in the way we want.

We are able to enjoy those freedoms, in part, thanks to your exceptional professionalism and devotion to duty. Your response to our nation's war on terrorism has been truly spectacular. You've

stepped up to the challenge smartly, without hesitation. I personally want to thank you for all you've done to protect our nation. It's an honor to serve with you and a pleasure to celebrate your achievements of 2002. Your contribu-



Lt. Gen. James E. Sherrard III

tion to America is especially noteworthy and appreciated by a grateful nation.

Marsha and I wish each of you, wherever you might be in the world, the best during this holiday season. May you and your family find peace, joy and happiness as you continue to safeguard our country. God bless each of you, and God bless America.

Commander welcomes wing home

By Col. Richard R. Moss

302nd Airlift Wing commander

On Oct. 2 we had a party. Approximately 700 attended this event as we welcomed home our personnel who had been deployed to Joint Forge in Germany and celebrated the demobilization of the majority of the wing.

It was an afternoon of food, fellowship, and musical entertainment by the Band of the Rockies, and was highlighted by the arrival of 15 of our C-130 aircraft. John Carroll, a local television newsman, did a terrific job as the emcee. Major General Bankers, 22nd Air Force Commander, was present and complimented the 302nd for everything they had accomplished during the 9½ months of the mobilization.

Overall, it was a great event to commemorate the sacrifices and hard work by everybody in the 302nd Airlift Wing as we met and exceeded every challenge presented to us.

Thanks to Laurie White for heading the planning committee and to everybody who worked to make it successful. Special thanks go out to the Colorado Employer Support of the Guard and Reserve, especially Fred Fletemeyer and Tom Ratterree, for their critical help in ensuring we had the means to make the event happen.

It has been a long 9½ months. Although there were some rough spots, overall the mobilization went well. This was mainly due to the team effort, the hard work, and the "can-do" attitudes of the activated reservists, the non-

activated reservists, the civilian employ-ees, and, never forget, our families. You made it happen and made it successful. We can be extremely proud of our contributions in the war against terrorism. In short, "we done good".

Now we have to concentrate on returning to the roles of traditional reservists as we remember



Local Channel 11 News reporter, Stephanie Pytlinski, interviews Col. Richard R. Moss, 302nd Airlift Wing commander, Oct. 2.

what UTAs, mandays, AFTPs, and RMPs mean.

Our work is not over. Deployments around the world will continue as we meet our requirements for the AEF and the needs of the Air Force. We also will have an Expeditionary Operational Readiness Inspection in April 2003 to evaluate our Initial Response capability, a Staff Assistance Visit from 22nd Air Force in September 2003, and an IGX in Nov 2003 to evaluate other EORI requirements.

However, because of your dedication, abilities, training, and hard work, I have no doubt we will meet or exceed any future taskings in the same outstanding manner we did during the mobilization.

Thanks for all you do.



Col. Richard Moss, 302nd Airlift Wing commander, presents Fred Fletemyer, chairman of the Colorado Committee for Employer Support for the Guard and Reserve, with a plaque in appreciation of ESGR's support for the unit demobilization ceremony.

Security forces leader assumes top enlisted role

Story & photo by Tech. Sgt. David D. Morton *Front Range Flyer*

The 302nd Airlift Wing could be under the guidance of a new command chief master sergeant in early November. That's when Chief Master Sgt. Bobby E. Smith, 302nd Security Forces Squadron security forces manager, expects to be relieved from activeduty status and assume duties as head non-



Command Chief Master Sgt. Bobby Smith and Senior Master Sgt. Bryan Bossert share a lighthearted moment together after preparing a fruit salad during a volunteer effort at the Mirian House in downtown Colorado Springs.

commissioned officer of the unit. Current active duty commitments will be completed first.

"I cannot assume my command chief master sergeant duties until I'm deactivated from active-duty orders," Smith said. During the past 10 months, Smith has been deployed all over the world in support of Operation Enduring Freedom, and was the noncommissioned officer in charge of one the

> security teams transporting Al-Qaeda terrorists to detention camps.

> It's a job he's well qualified for. He enlisted in the Marine Corps in 1977, and served in Okinawa, Korea, Japan and the Philippines with a military specialty code that included antitank operations, assault and demolitions.

He currently is a police officer with the Las Vegas Metropolitan Police Department and has served as community policing coordinator, academy instructor and detective in internal affairs.

Smith joined the 302nd SFS in 1987 and performed in vari-

ous duties ranging from fire team leader, squad leader and security manager to unit retention NCO, career advisor and public affairs representative.

"Being a police officer, both military and civilian, has helped immensely," Smith said. "I've seen people at their absolute worst and at their best. Because of my background, I've developed communication skills allowing me to converse with people I meet. Developing a rapport with others is important."

"My expectations for myself are to learn as much about everyone and their jobs as I can," Smith said." I'll be relying heavily on fellow chiefs and NCOs for assistance and guidance."

"My primary goal is to take care of our unit members," Smith said. "I've always said if I take care of my people they will take care of the mission. This includes schools, temporary duty assignments and other opportunities to excel and learn. Leadership schools and seminars need to be emphasized and required."

"I've got complete confidence in Chief Smith as our new command chief master sergeant," said Col. Richard R. Moss. "I know he'll continue the outstanding performance of the Command Chiefs before him. I'm looking forward to working with him."

Security forces volunteer locally

Story & photo by Tech. Sgt. David D. Morton

Front Range Flyer

Members of the 302nd Security Forces Squadron took time out from their busy schedules to assist some needy and homeless people in the Colorado Springs area on Sunday of the October UTA.

Led by soon to be 302nd Command Chief Master Sgt. Bobby Smith, a crew of 20 of the squadron's members cooked breakfast, washed dishes and fed a large gathering of more than 200 people at the Marian House in downtown Colorado Springs. "Senior Master Sgt. Gary Brown gets the credit for developing this project. I just helped out," said Smith.

The event was part of an effort by Peterson Air Force Base to solicit volunteers for the first Sunday of every month to help feed hundreds of homeless and less fortunate people every day throughout the year.

"It was something we wanted to be part of, and this was our day to help out," said Smith. "I'm glad we had a chance to help and thank the community for their support of the reservists."

Many of the squadron's members had been deployed throughout various locations worldwide as part of the wing's recent Joint Forge deployments to Ramstein Air Base, Germany, and ongoing operations supporting "Enduring Freedom" and "Noble Eagle."

Master Sgt. Eric Denke washes dishes at the Marian House in downtown Colorado Springs after members of the 302nd Security Forces Squadron prepared breakfast for many of the area's homeless.





302nd AW comes home

By 1st Lt. Mike Andrews

21st Space Wing Public Affairs

The 302nd Airlift Wing welcomed home more than 250 deployed members Oct. 2 who had served honorably in support of Operations Joint Forge, Enduring Freedom and Noble Eagle, with the largest unit aerial assembly since the unit returned from Operation Desert Storm in 1991.

The 302nd Airlift Wing welcomed home their reservists who'd served in Germany for the last 60 days with a demobilization ceremony and a 15-ship aerial formation immediately following the ceremony.

The ceremony signified the demobilization of the wing, which had been activated Dec. 14, 2001. The Air Force Band of the Rockies played the National Anthem, but the most moving moment was when they played "America the Beautiful" so beautifully during the ceremony. The High Frontier Honor Guard participated with a flag-folding ceremony, and presented the flag to Col. Richard Moss who accepted on behalf of the 302nd AW.

Immediately following the ceremony, everyone braved the cold and waited patiently outside for the formation to arrive. The formation had 15 aircraft flying, but bad weather caused them to abandon the original plan of flying at approximately 1,000 feet above ground level on a route that would have followed the interstate between the Air Force Academy and the Colorado Springs airport to the large crowd awaiting their return.

A large number of base and community leaders were on hand for the ceremony and

the return of the formation, but none was more proud of the 302nd and its personnel than Moss, their commander.

"Today we celebrate the return of 250 great men and women who have answered our nation's call, and have done everything asked of them and more," said Moss. "You've done a tremendous job, and I especially want to thank the families who have been extremely supportive of their deployed members."

The 15 C-130s formed a long line taxiing down the runway, and they were waving the American flag out of the top hatch. The scene after they parked was remniscient of the reunions from Desert Storm. It was a very emotional moment seeing mothers and

fathers sharing a warm embrace with their sons and daughters on a chilly afternoon.

The 302nd and its reservists are now demobilized, which gives them a chance to transition back to civilian life. Its important to remember that there are still more than 70 302nd security forces who remain deployed.

The mission of the 302nd AW is to train, equip, and employ airlift forces in world-wide support of our nation's vital interests. Airlift is critical to today's defense, since units are increasingly based in the United States instead of pre-deployed as in the past. With the high quality airlift forces available to the Total Force, a unit can be activated and deployed from the U.S. to any location in the world within 72 hours.





Welcome Home









October 2002









A lifetime of

[Editors note: Hts long thoughtout words were for just a few on his email list, but the words of Chief Master Sgt. Ron Bebow also captured the spirit and perhaps the thoughts of those in the crowd Oct. 2 waiting to embrace loved ones... and the feelings of the men and women arriving home in the unit C-130s finding closure in the demobilization ceremony Oct. 2. With encouragement, Chief Bebow allowed us to print his email - with gratitude, we do so.]

By Chief Master Sgt. Ronald E. Bebow 302nd Maintenance Squadron

I am not exactly sure where to start. I wanted to say something about our homecoming but I am not exactly sure how to put it. For several months we have been discussing the event of yesterday [Oct. 2]. In some ways, it was thought to be a repeat of 11 years ago. After my experiences these past few days. I am 100% convinced that it was not a repeat of 11 years ago.

I had a tough time sleeping last night as I have had the past five or six days. I got up early this morning with a strong sense of urging to come out to the Sumit 38 Memorial. It was rainy, cold and so quiet. It was a great time to think. Here are some thoughts.

When we left on Sunday, Sept. 29, for Westover, the feeling that something good was about to happen could be felt. When we got to Westover and I watched the maintenance guys start to get No. 312 ready for Wednesday's event, I thought this is gonna be great! As the aircraft from home and Germany started to arrive, "Alpha 1," "Alpha 1," "Alpha 1," I thought my heart would break with the pride over the accomplishments of our maintenance people and aircrew members.

The efforts of the small ADVON team we took into Westover really started to be realized. Of the people coming from home and Germany, no one complained and they were pleased that the beddown went so well. The ADVON maintenance guys did an awesome job in getting the aircraft thru-flighted, refueled, and prepped for Wednesday. We actually looked for ways to make Wednesday morning look and go well.

Before the maintenance people left for the evening on Tuesday we had aligned all the aircraft in a row and they each looked great. Light-alls were put into place so that when we left for the evening, those nine Beauties sure did look good sitting there. The second aircraft from the end had the nose art "Let's Roll" very visible in the bright lightall light. It was a sight to remember.

Tuesday was my birthday and as with many birthdays, we spend those away from home doing what we love to do.

After I had dropped off the troops, I drove back to the flightline to take one last look before calling it a night. My wife called me on the cell-phone to find out how the day went and wish me a Happy Birthday. I told Chris, it was unbelievable and that I was looking at a sight that makes the birthdays away from home worth while.

Wednesday morning was a day of great pleasure. I went to the flightline at about 0600 before the day started to get going. The darlings sure looked good in the light fog and early sunlight. I cannot remember nor count the number of aircrew and maintenance people who stopped by to see me and say how much they



Chief Master Sgt. Jimmie Y Tyler in a 1993 photo. Vail on Sumit 38, who lost their a C-130 mission. (Photo c

fmemories

ief Bebow reflects on special unit moments



appreciated the effort that was put forth. I believe taking pretty well yesterday, "Grandpa, you guys sure did look care of each other is what forms us into who and what we good!"

The dash-one preflights went like a novel that you cannot put down once you have cracked the first page. Just prior to engine start, I found myself a place to stand so I could observe proud. As the Chief and I were standing on the ramp the whole start-up. Nine APUs started; nine No. 3 engines started to turn and ignite in unison; nine No. 4 engines started to turn and ignite in unison; nine No. 2 engines started to turn and ignite in unison; and finally, nine No.1 engines started to turn and ignite in unison. YES!!

Even though that was great, the taxi and alignment was even greater. The people at Westover were standing along fences, sitting in vehicles and standing in front of the

hangars waving and taking pictures. It was certainly a sight to see. I was on the No. 8 aircraft in the formation and was able to see the first seven aircraft the entire flight. It was definitely good stuff. When we landed, watching the aircraft in front and those landing behind us was

As good as all of that stuff was, taxiing into the spots, shutting down engines together and seeing the people standing there waving flags, was the cherry on the sundae! I told the guys on my aircraft, "This is certainly different from Viet Nam. No one is gonna get spit on today". Moms, dads, kids, relatives and friends all smiling, hugging and welcoming each about. My five-year-old grandson said it be a part of such an event.

This morning as I stood at the memorial in the dark, I thought that Chief Vail must certainly be smiling over yesterday. I know in 1991, he and I were definitely in 1991, we both said - "We left together. We fought together. We worked together. We came home together."

Tech. Sgt. Gary Douglas said it pretty well at Westover on Tuesday night. Gary had not been feeling well and had not eaten much on Monday or Tuesday. He was pretty tired after helping turn around the nine aircraft. I told him, "If you're hungry, go ahead and eat your sandwich," Gary told me, "We came to work together. We've worked together. I'll eat with the others when we're done." Wow, simply said but very powerful in meaning. As I have often said before, the Marines have a saying - "We will leave no one behind." It is simple to say but sometimes extremely difficult to implement. The saying means, if it meant the sacrifice of 50 to save the one, that is what it must be. Yesterday, we "left no one behind".

Yesterday [Oct. 2] was different in many ways. Chief Vail was not there physically for me to talk with. The pride in being Americans is stronger now then in the past. At no other time in history, do so many get a lump in their throats over the National Anthem. I know for me, I think back often about October 1982 [unit stood up], May 13, 1995 [Sumit 38 crash] and Sept. 11, 2001. Those days bring huge tears to my eyes. Times like yesterday cause great pride within my heart other home. That is what America is all and that lump in the throat. Thanks for allowing me to



Vail and his grandson, was on the crew of six lives May 13, 1995, on ourtesy of Mary Vail)

They use dollars with sense

Story and photos by Tech. Sgt. David D. Morton Front Range Flyer

Managing unit funds becomes more hectic as the end of the each fiscal year approaches; it's an annual event every finance office goes through, beginning in early June.

Military finance personnel refer to it as "close-out" when funds are budgeted and reallocated to make sure the wing's financial needs are covered until a new influx of money becomes available in October.

"Close-out doesn't really change things for us," said Mary Vail, 302nd Airlift Wing budget officer. "We're busy throughout the year; however, when preparations for close-out begin, it's not uncommon to work 10-hour days through the week.

"Presently we're managing \$32 million," Vail said. "Travel and per diem expenses for Air Mobility Command deployments of our personnel amount to \$7.9 million, while \$19.4 million is allocated for day-to-day operation and maintenance costs for the wing. Reserve pay appropriations amount to \$12.7 million. It's been a challenging year because of the mobilization."

Eleven members of the finance team are

departmentalized into separate sections to maintain military pay, O & M funds and manpower dollars.

"We have to make sure everything is posted in proper account lines," Vail said. "It's important everything is estimated correctly and placed in the proper pot of money available. If not, the money eventually falls out of the system."

Base support for the wing's financial needs used to come from the 21st Space Wing finance section - that has changed over the years.

"We try to be available when they're operating during close-out," Vail said. "We do a lot of the functional things here and have inherited some of the duties the 21st Space Wing used to do for us. We always have some kind of suspense to meet."

"There's probably more of a gut feeling of what this unit does," said Erv Read, a new budget analyst who came over from the 21st Space Wing. "In many respects you can actually see the consumption of dollars."

"We consider Oct. 1 our New Year's celebration," Vail said. "We close out the old fiscal year and have a lot of new money



Mary Vail, is the 302nd Airlift Wing budget officer.

available to play with."

The wing finance section will be responsible for an additional \$12 million next fiscal year, because aviation fuels which used to be controlled at the command level will now shift to control of the wing.

Members of the wing's finance team worked through the weekend prior to closeout, and until 2.a.m. the night of Sept. 30.





Left, Erv Read, 302nd Airlift Wing budget analyst, is one of the newest members to the section, previously with the 21st Space Wing finance section.

Bottom left, Chuck Joyner, chief of military pay, will retire this December after more than 16 years of dedicated service to the 302nd Airlift Wing finance section and taking care of the wing reservists' pay requirements. He entered the military in 1954, retiring after a 26-year military career. Joyner still has pay charts from the early fifties when he made \$78 a month.



Rebecca Barner, and Donna Winters, account technicians.

302nd Airlift Wing Financial Management staff

Mary Vail Chuck Joyner
Donna Winters Rebecca Barner
Bill Curtis Laura Cantu
Yvonne Garcia
Senior Airman Jason Daniels
Staff Sgt. Rodney Schaffer

Staff Sgt. Jeff Barnett

Saturday night specials of mass destruction

ROBINS AIR FORCE BASE, Ga. – As a weapon, anthrax resembles a "Saturday-night special." It's relatively cheap, easy to produce and uncomplicated to use.

This weapon of mass destruction has also been called "a poor man's nuclear bomb" because it can cause similar casualties for a fraction of

the cost. Another marketable attribute of anthrax is how easy it is to be delivered. In some instances, it only takes an envelope and stamp to reach its mark.

The dangers of anthrax took on new meaning for the United States in October 2001 when an American Media Inc. employee in Boca Raton, Fla., was diagnosed with inhalation anthrax, the deadliest form of the disease. Within two months, five people were dead and another 22 became ill as a result of anthrax-tainted mail delivered in Florida, New Jersey, New York, Connecticut and Washington, D.C.

The use of anthrax as a weapon, especially inhalation anthrax, has concerned U.S. military officials for decades. Its versatility allows for mass delivery from a variety of sources, including aircraft, a spray device or a missile warhead.

Concerns about anthrax escalated in 1979 when the largest incident involving inhalation anthrax occurred at a military research facility in Sverdlovsk, Russia. Cases were reported in animals more than 30 miles from the site.

More recently, Iraq revealed that it had loaded bombs, missiles

and rockets with anthrax prior to the Gulf War.

Anthrax can exist in three somewhat distinct clinical syndromes in humans: inhalation, cutaneous and gastrointes-

tinal disease.

Inhalation anthrax, known as woolsorters' disease, is the most likely to be used as a biological weapon. The incubation period for anthrax is one to five days. Once in contact, the initial stage begins with the onset of myalgia, malaise, fatigue, nonproductive cough and fever. The second stage, lasting only a few days and often culminating in death, develops suddenly with the onset of acute respiratory distress, hypoxemia and cyanosis. The second stage may include a mild fever or, alternatively, hypothermia and shock. Left untreated, fatality rates are estimated at 99 percent.

The cutaneous form of anthrax occurs most frequently on the hands and forearms of people working with infected livestock. It usually remains localized, but without treatment the local infection can occasionally become fatal. If treated, the mortality rate is approximately 1 percent.

Gastrointestinal anthrax is rare in humans and is usually contracted by the ingestion of insufficiently cooked meat from infected animals. Abdominal pain and fever occur first, followed by nausea, vomiting and diarrhea. In humans, the mortality rate for untreated cutaneous anthrax ranges up to 25 percent.

Because of the high fatality rate, especially for inhalation anthrax, the U.S. military continues to advocate the use of vaccine. The basic reason for the vaccinations is force protection, a preventive medicine measure to decrease the risk of death and operational degradation due to exposure to anthrax. (AFRC News Service)

World market shopping list of biological and chemical weapons

In addition to anthrax, several other biological and chemical weapons are available on the world market. They include:

•Aflatoxins or fungal toxins, potent carcinogens. Most symptoms take a long time to show. Food products contaminated by aflatoxins can cause liver inflammation and cancer. They can also affect pregnant women, leading to stillborn babies and children born with mutations.

•Botulinum toxin, one of the most toxic substances known to man. The first symptoms of poisoning may appear within one hour of exposure or take as long as eight days, with the incubation period being between 12 and 22 hours. Paralysis leads to death by suffocation.

•Ricin, derived from the castor bean and can cause multiple organ failure. The incubation period is 2-4 hours and can lead to death within one to four days of inhalation.

•Sarin, may be delivered as a colorless vapor with little or no odor. It is 26 times more deadly than cyanide gas and 20 times more lethal than potassium cyanide. This nerve agent can cause death within 10 minutes of inhalation.

•Smallpox, a serious, highly contagious and sometimes fatal infectious disease. There is no specific treatment for smallpox disease, and the only prevention is vaccination. In a terrorist attack, exposure could occur by breathing airborne virus. After the appearance of a rash, the infected person remains contagious until the last smallpox scab falls off. (AFRC News Service)

Inhalation anthrax can occur when inhaling as few as 5,600-6,000 anthrax spores, perhaps in a single deep breath.

Anthrax spores are tasteless, odorless and invisible.

Spores are highly resistant to heat, cold, chemical disinfectants and long dry periods.

Spores can survive for years in the environment.

Civilian job rights protection

ROBINS AIR FORCE BASE, Ga. – Enacted by Congress in 1994, the Uniformed Services Employment and Reemployment Rights Act is designed to protect an individual's civilian job when he or she goes on active duty, voluntarily or involuntarily.

However, the individual must meet certain eligibility requirements to be protected by the law. Those provisions include:

- ⇒ Holding a civilian job with some reasonable expectation for continued employment;
- Giving notice to the employer that he or she will be leaving the job for service in the uniformed services, including Reserve component training;
- ⇒ Being released from military service under honorable conditions;
- Not exceeding the five-year cumulative limit on periods of military service; and
- Applying for reemployment in a timely manner.

Members of Air Force Reserve and other reserve components can learn more about the USERRA laws by going to the Employer Support of the Guard and Reserve's Web site – www.esgr.com (AFRC News Service)

Noncommissioned Officer Leadership Development Program graduates

Congratulations to the Oct. 1-11 NCOLDP graduating class

302nd Airlift Wing

SSgt Lynda Swain

731st Airlift Squadron

TSgt Michael Dussart SrA Michelle Heftye SSgt Glenn Proska

39th Aerial Port Squadron

SrA Frank Abate

302nd Mission Support Squadron

SSgt David Brown SrA Raul Gonzales TSgt Sherri Patton SSgt Joseph Rinaldi

302nd Aeromedical Staging Squadron

SSgt Samuel Alexander SrA Sabine Dunning

302nd Security Forces Squadron

SSgt Perry Barr
SrA Scott Brackett
SSgt Tina Doherty
SrA Jon Hood
SrA Aaron Hutchings
SrA Jorge Morales
SrA Jon Petree
SSgt Patrick Polley
SSgt Andrew Quest
TSgt Lisa Quintania
SrA Brett Seeley
TSgt Preston Teneyck

Flu season around the corner - immunizations here soon

It's that time again. The time of the year everyone looks forward to. Yes - it's flu season and you know what that means. It happens every year so why put it off?

So what is this thing they call influenza? The flu" is a respiratory infection caused by the influenza virus. Some of the symptoms may include high fevers, cough, sore throat, runny or stuffy nose, muscle aches and fatigue. Influenza is transmitted person to person via contagious droplets that are formed when someone sneezes or coughs.

The vaccine has a 60% to 70% success rate in preventing infection among individuals with normal immune systems. The vaccine should not be given to individuals who are allergic to eggs or those who have a documented reaction to the flu vaccine in their medical records. The most common side effect of the vaccine is soreness at the injection site. A few individuals develop a fever or muscle aches within a few hours after the shot. These symptoms only last 1-2 days.

The flu virus can lead to more serious infections such as

pneumonia. Complications from the flu have resulted in about 40,000 deaths in the U.S. The deaths are usually in the elderly population and in people with chronic health problems. Getting the flu shot can prevent illness from types A and B influenza. Influenza C infections cause a mild respiratory illness and are not thought to cause epidemics.

The virus in the flu vaccine has been inactivated. That means that it is dead and you cannot catch the flu from the shot. Receiving the vaccine introduces part of the flu virus to your immune system. Your body then reacts by making protective antibodies against the virus. It becomes effective 2-4 weeks after you receive the vaccine.

Since influenza is a virus, taking antibiotics will not help. The best way to prevent getting the flu is to take the flu vaccine early. So come over to the immunization clinic. Our goal is to provide you with the required immunizations to keep you healthy, safe and ready for deployment at a moment's notice.

(Information provided by 445th Airlift Wing aerospace medicine squadron)

6th SOPS officer up for leadership award

Four Air Force reservists, including one from the 310th Space Group, are competing against nominees from other major commands for the 2002 Lance P. Sijan Air Force Leadership Award.

Representing Air Force Reserve Command by category are:

Senior officer – Lt. Col. Michael J. Brill, 419th Fighter Wing, Hill AFB, Utah;

Junior officer – Capt. Anna M. Stuckwisch, 6th Space Operations Squadron, Schriever AFB, Colo.;

Senior enlisted – Senior Master Sgt. David M. Prokop, 910th Airlift Wing, Youngstown Air Reserve Station, Ohio; and

Junior enlisted – Tech. Sgt. Gregory A. Thompson, 512th AW, Dover AFB, Del.

Headquarters AFRC officials announced the nominee selections in September and anticipate the results of the Air Force competition this month.

Presented annually, the Sijan Award recognizes individuals in each category who demonstrate leadership abilities while assigned to an organization at the winglevel or below. The award period covers service from July 1 to June 30.

Created in 1981, the Sijan Award is named in honor of the first Air Force Academy graduate to receive the Medal of Honor, the nation's highest military award for valor in action against an enemy force. Sijan was presented the medal posthumously for heroism while a prisoner of war.

He was shot down over Vietnam Nov. 9, 1967, and successfully evaded capture for 45 days despite suffering severe injuries. He later died from his injuries while in a North Vietnamese POW camp. (AFRC News Service)

Donate toys for needy

Family Support will be collecting toys for needy Colorado families during the November and December UTAs.

There will be a large box placed at each squadron through the December UTA.

If you know of any families or organizations which could benefit from these toys, contact Family Support at 556-6505, 7951, or 8184.



Multi-Cultural Awareness Group begins

The Black Heritage Month Planning committee has changed their name to the Multi-Cultural Awareness Group. The MCAG is charged with highlighting different multi-cultural groups throughout the year.

One major event will be held for one multi-cultural group per year; this year the group will be African-Americans, with the event to take place in February; the following year, Hispanics will be highlighted, etc. During the remaining months, displays, flyers, and articles will be used to highlight other groups.

The next informal meeting is open to all 302nd Airlift Wing and 310th Space Group members and dependents. The meeting will be Nov. 3 at noon in the Aragon Dining Facility.

The MACG is in the process of planning an event during the November UTA to highlight Native Americans in honor of Native American Heritage month

For additional information, please contact Staff Sgt. Rina Copeland, Military Equal Opportunity technician, at 556-6215.

Services holding commissioning board

The 302nd Services Flight will have a Deserving Airman Commissioning Board Sunday, Dec. 8, for a services officer, Air Force Specialty Code 34M. Requirements for this position are:

- ▲ Knowledge of: readiness and mobility operations; food service, lodging, fitness, and recreation practices; civilian and military personnel policies; financial management principles of accountability, propriety, and stewardship; and business management principles.
- ▲ Undergraduate academic specialization is desirable in hospitality, restaurant and hotel management, business administration management, finance, accounting, public administration management, or recreation and fitness.
- ▲ Applicants must be available to complete SVS101, Services Initial Skills Course within one year of commissioning.

All packages to be considered must be submitted to the 302nd MSS/Career Enhancement Element by close of business Nov. 25. Packages must follow the criteria listed in the Deserving Airman Commissioning Program Guidebook.

This guidebook can be found in the information rack outside of Career Enhancement, Bldg. 895, Room 219B.

E

Unit Training Assembly Schedule

November 2-3

	Time	Activity	Location	OPR/Ext.			
C	0530 - 1000	Breakfast is served	Aragon Dinning Facility	SVS/6-4001			
2	0600 - 0730	"Jump Start" Fellowship	Sandy's Restaurant	HC/6-4006			
A	0700 – 1530	M-16 Training	Bus in front of Bldg 895 (AFA)	SFS/6-6530			
A	0715 – 1500	Newcomers Orientation	Bldg 893 Conf Room	MPF/6-7976			
T	0730 - 0900	No Meeting Period*	All Locations	CV/6-7087			
	0730 - 1630	Physical Exams	Clinic	ASTS/6-1132			
U	0900 - 1000	UTM Training Meeting	Bldg 895 Room 204	DPMT/6-7249			
	0900 – 1000	Safety Rep Meeting	Bldg 350 Room 1052	SEG/6-8163			
R	0900 - 1100	Shots***	Clinic	SG/6-1132			
	1000 - 1030	Wing Training Plan Council	Bldg 895 Room 206	XP/6-6770			
D	1000 – 1100	1st Sergeant's Meeting	LG Conference Room	CCF/6-6109			
	1030 – 1130	Wing Commander's Call	Base Auditorium	PA/6-4005			
A	1100 – 1730	Let's Do Lunch!	Aragon Dinning Facility	SVS/6-4001			
3 7	1100 - 1230	Lunch & A Lift	Aragon Colorado Room	HC/6-4006			
Y	1200 – 1600	Chemical Training	Bldg 1324 2nd Floor	CE/6-7221			
	1215 – 1530	CDC/PME Testing ✓	Bldg 895 Room 204	DPMT/6-7250			
	1300 – 1600	Chaplains Available	Bldg 893 Room 143	HC/6-4006			
	1300 – 1400	DNA / HIV Testing	Clinic	SG/6-1132			
	1500 – 1530	Suicide Briefing	Bldg 893 Conference Room	SG/6-1132			
	1530 – 1600	Anthrax Briefing	Bldg 893 Conference Room	ASTS/4-1136			
	1500 - 1600	Homosexual Policy	Bldg 893 Room 111	JA/6-8140			
	1600 – 1700	Catholic Confession	Bldg 1410 Peterson Chapel	HC/6-4006			
	1700 – 1800	Catholic Mass	Bldg 1410 Peterson Chapel	HC/6-4006			
	2000 - 2300	Late night snack	Aragon Dining Facility				
	*No meetings directed to allow commanders to spread UTA information updates Sat morning						

*No meetings directed to allow commanders to spread UTA information updates Sat morning ***Shots due during the year will normally be given as part of yearly physicals

	0530 - 1000	Breakfast Available	Aragon Dining Hall	SVS/6-4001
C	0800 - 1200	1st Duty Station	Bldg 893 Conference Room	MEO/6-6215
S	0815 - 0915	Protestant Liturgy	Bldg 1410 Peterson Chapel	HC/6-4006
U	0700 - 1330	M-9 CATM Training	Bus from 302nd flagpole (AFA)	SFS/6-6536
	0800 - 0900	3AO AFSC Training	Bldg 893 Conference Room	SC/6-8192
N	0800 - 1200	Chemical Refresher*	Bldg 1324 2nd Floor	DP/6-7221
	0800 - 1200	AF Training Class	Bldg 895 Room 106	DPMT/6-7573
D	0830 - 0930	Chief's' Meeting**	Aragon Dining Facility	CCC/6-8132
	0830 - 0930	Catholic CCD	Bldg 1410 Peterson Chapel	HC/6-4006
A	0900 - 1000	Airman/NCO of Year Board	Bldg 845 21 SW HQ Conf	DPM/6-7976
	0930 – 1030	Catholic Mass	Bldg 1410 Peterson Chapel	HC/6-4006
Y	1100 – 1200	Mask fitting	Bldg 1324 2nd Floor	DP/6-7221
	1100 – 1200	Protestant Service	Bldg 1410 Peterson Chapel	HC/6-4006
	1100 – 1700	Let's Do Lunch	Aragon Dining Facility	SVS/6-4001
	1230 - 1330	Protestant Worship	Bldg 1410 Peterson Chapel	HC/6-4006
	1215 – 1530	CDC / PME Testing ✓	Bldg 895 Room 204	DPMT/6-7250
	1300 - 1400	DNA/HIV Testing	Clinic	ASTS/6-1132
	1300 – 1400	Senior NCO of Year Board	Bldg 845	DPM/6-7976
	1300 – 1400	Commanders SORTS Mtg	Command Post CAT Room	CC/6-7369
	1400 – 1500	Career Advisor's Training	Bldg 890 Briefing Room	MPF/6-7702
	1500 – 1600	Homosexual Policy	Bldg 893 Room 111	JA/6-8140
	2000 - 2300	Late Night Snack	Aragon Dining Hall	SVS/6-4001

^{*} Held Sunday since classes must be given both Sat and Sun to get everyone trained

** Held Sunday due to Boards attended by Chiefs on Saturday

[✓] Military ID cards are MANDATORY for ALL testing. For CDC end-of-course exams, a testing authorization letter is also MANDATORY. Testing authorization letters will be obtained from the respective Unit Training Manager/Monitor.



Website updated

The 302nd Airlift Wing's public website is now updated. The new website is:

http://www.afrc.af.mil/302AW

Please note that if you attempt to enter the site through the "Air Force LINK" you will be directed to the old URL. This error should be corrected in the near future.

This site is best viewed using Microsoft Internet Explorer at 1024 x 768.

Tuition assistance

For the second year in a row, Air Force Reserve Command is boosting the amount of help offered through its Tuition Assistance Program for undergraduate work.

Starting Oct. 1, the Reserve increased a student's maximum assistance per semester from \$187.50 to \$250 for undergraduate work, reimbursing reservists

for 100 percent of the tuition cost up to \$4,500 annually for education programs offered by Defense Activity for Non-Traditional Education Support.

As in the past, the changes are part of the Reserve's ongoing effort to attract recruits and bolster retention.

Unit reservists can learn more about the eligibility requirements and program features from 302nd Airlift Wing education and training specialists at Ext. 556-7250.

Individual mobilization augmentees can obtain assistance from Delaina Hull of the military training division at Headquarters Air Reserve Personnel Center in Denver, (303) 676-6396 or DSN 926-6396.

Troops to Teachers

The Troops to Teachers program has expanded to include reservists. Under the program, the U.S. Department of Education and the Defense Department team up to help qualified service members transition from the military to teaching careers.

The Troops to Teachers program is designed to recruit quality teachers for schools serving low-income families and to relieve teacher shortages.

Reservists who wish to participate in the program must have a bachelor's degree from an accredited institution or have one year of college with six years experience in a vocational or technical field. Reservists qualify under four different options:

- •Retired from the drilling reserve, such as Air Force Reserve Command, with 20 or more years on or after Oct. 1, 1999; must apply for the program within four years of retirement.
- Now serving in the drilling reserve with 10 or more years of creditable service and commit to serving an additional three years or until eligible for retirement.
- Retired or separated from the drilling reserve due to a physical disability on or after Jan. 8, 2002; must apply within four years of separation.
- ◆Transitioning from active duty on or after Jan. 8, 2002, with six or more years of active duty immediately prior to separation and a commitment to serve three years with a drilling reserve unit; must apply within four years of separation.

People interested in teaching can access www.ProudToServeAgain.com, the Troops to Teachers Web site, for more information. The site provides the latest updates on the program, resource links for program applicants and important links to state-specific education sites.

Hall sworn in

Thomas F. Hall became the nation's fourth assistant secretary of defense for Reserve affairs during a ceremony held Oct. 9 at the Pentagon.

Hall has an extensive background in the Navy and in Reserve issues. He is a former director of the Naval Reserve and retired from active duty in 1996 as a rear admiral. Following his military career he became the chief operating officer and executive director of the Naval Reserve Association.

Hall is responsible for the overall supervision of all Reserve component affairs in the Department of Defense.



It's the holiday season ...

... time to reach out and Care and Share

By Chaplain (Capt.) Tim Wilson

November is the month we traditionally start our "Care and Share" program. The Thanksgiving season is not only a time to reflect upon the blessings of the last year, but also a time to share our good fortune with others who may be experiencing difficulty. We have been blessed, and in turn be a blessing to others.

This November UTA, you have a special opportunity to share a gift that can last the whole year long. Collection buckets for monetary donations are at unit orderly rooms, or if you wish, come by the chaplain's office to donate.

A voluntary donation of one dollar by every wing member would go a long way to help with the Care and Share effort. Of course, donations larger than a dollar will gladly be accepted.

All contributions go directly to wing members experiencing extenuating needs. To apply for consideration for Care and Share funds or if you are aware of someone with a special need please contact your first sergeant.

Thank you so much for your generosity. Your willingness to share makes a big difference!

Have a wonderful and blessed holiday season!



Thanksgiving or thanks living

By Chaplain (Capt.) Tim Wilson 302nd Airlift Wing chaplain

Emotions are strange things. They are like the Colorado weather—continuously changing, predictably unpredictable and sometimes unsettling. One moment we experience the warm, aweinspiring view of Pike's Peak only to change in a second to the frustration or anger of being cut off in traffic.

Those who study how we feel, observe that the most destruc-

tive of all emotions is revenge. Seeking revenge has been characterized as "drinking deadly poison and then waiting and watching for the other person to die." This self-defeating emotional approach of nurturing a grudge or living in bitterness leads to an atmosphere clouded with anger, alienation and relational loneliness.

In contrast to the destructiveness of revenge, there is an emotion, which, more than any other, gives a feeling of well-being and reduces stress in our relationships. That emotion is a feeling of gratitude. According to Dr. Hans Seyle, a prominent researcher, being thankful can enhance peace of mind, feelings of security and increased fulfillment in life. He maintains that being thankful brings greater success in life. Being thankful increases our personal magnetism and is a key to enjoying fulfilling relationships.

No wonder the Bible on the one hand warns us, "Look after each other so that not one of you will fail to

find God's best blessings. Watch out that no bitterness takes root among you, for as it springs up it causes deep trouble, hurting many" (Hebrews 12:15 TLB). And on the other hand the Scripture encourages us to "Always keep on praying. No matter what happens, always be thankful, for this is God's will for you." (1 Thessalonians 5:17-18 TLB) Let's make Thanksgiving more than just a day to eat turkey, let's cultivate a life style that is committed to gratitude. Doing this will enrich our lives, our relationships and our faith experience.

